



Ash Grove Primary Academy

Ash Grove, South Elmsall, Pontefract, West Yorkshire, WF9 2TF
01977 640625

Email: ag-enquiries@ipmat.co.uk

Website: www.ashgroveprimaryacademy.co.uk

Twitter: @IPMATAshGrove

Deputy CEO & Executive Headteacher: Mrs L Charlesworth

12th February 2021

Relationships education, relationships and sex education
and health education (RSHE)

RSHE:	Relationships education, Relationships and Sex education and Health education
PSHE ed:	Personal, Social, Health and Economic education
SMSC:	Social, Moral, Spiritual and Cultural education

Dear Parents/Carers,

As a part of your child's educational experience at Ash Grove Primary Academy, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

The Department for Education announced changes to relationships, sex and health education (RSHE) following nationwide consultation. The new RSHE curriculum came into effect from September 2020 and all schools will be required to comply with the updated requirements fully (with a revised policy in place) by the start of the summer term 2021. Whilst much of the content will be very familiar to parents, there is some interesting new content on mental health/emotional wellbeing and basic first aid.

Does the new DfE statutory Relationships and Health Education guidance replace PSHE ed?

No. From September 2020, we have started to teach the content in the DfE's Relationships Education and Health Education statutory guidance. However, the new guidance doesn't cover everything needed for a comprehensive PSHE ed curriculum. Vital elements such as the rights of the child, caring for the environment, economic education, and parts of British Values and SMSC (Social, Moral, Spiritual and Cultural education) are not included. At Ash Grove Primary Academy, we will continue to teach PSHE ed and the RSHE will be part of that.



DESIGNATED SAFEGUARDING LEADERS
V Williams G Williams C Chorley
L St Ange S Bratley

The new RSHE guidance:

Before we can start to discuss the revised RSHE (or PSHE ed) curriculum we need to know what the guidance says. There are some parts we have to do and other parts that we can choose to do. You can help us to decide on what matters to our school and our community.

The following documents can be accessed from the school website or through the links below:

- The full statutory guidance can be found at [DfE: statutory guidance 2019](#) (this is a very long document!)
- A very useful summary version can be found at [DfE: guides for parents](#)
- Some frequently asked questions can be found at: [DfE: FAQs](#)

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being.

Throughout the spring term 2021 we will be asking you about your views about the new curriculum and how we can best work with you to support your child with the learning.

To help us plan for this engagement we would like to think about the two questions below and invite you to become part of an RSHE/PSHE ed focus group.

For the focus group: we would like to have parents with children in all year groups (2 from each?) help us with the engagement with ALL parents. We would also like to invite you to respond to our survey as we recognise that parents and carers are crucial to the success of the RSHE programme. All responses will be confidential but not anonymous so that the consultation can continue to be a two-way process.

We will collect all the answers to the questions and the volunteers for the focus group and be in touch again soon.

Thank you for your support for this important part of the school curriculum.

Leanne St Ange

RSHE lead



DESIGNATED SAFEGUARDING LEADERS
V Williams G Williams C Chorley
L St Ange S Bratley