

## Resource 1

Look at the resource below, can you think of any other ways we can protect people and help them to stay healthy?

Keep your distance from others when you are poorly Stay at home until you are better or no longer infectious

Cover your mouth when coughing



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Some of the ways we can protect others and help them to stay healthy



Wash your hands

Sneeze or cough into a tissue and then put the tissue in the bin



Grown-ups can clean and disinfect classrooms, toilets or your home



Use protective equipment such as gloves, masks and aprons

Do you think the type of illness might affect the way we choose to protect others?