

Resource 2

Look at the resource below, where some people share how they choose to live their life in a less modern way.

The Amish are an American protestant group. They believe in keeping themselves separate from the modern world and so they live in their own small communities. They believe that God is pleased when they work in harmony with nature, the weather, soil, plants and animals. They do not use some modern technology such as cars, electricity, or telephones.



Pictured above: an Amish farmer, Amish people and an Amish farm.

I rely on some technology such as a landline telephone to keep in contact with family but I don't have a mobile phone or a computer as I don't think being able to be contacted all of the time is a good thing. I see far too many people with their noses in their phone rather than socialising with others or experiencing the moment they are in.

Efron, age 42

My family are conscious of the environment and our quality of life. We don't have a television to make sure we interact and communicate with each other. We don't have a dishwasher, tumble dryer, toaster, microwave or hair dryer as these are things we can live without. We cycle everywhere so also don't have a car.

Jasmine, age 14

I have a bank account with a book I use to draw money out and pay money in. I can buy things using cash or cheques, but I refuse to get one of these modern bank cards. They are just not for me.

Tony, age 65

What technology do you rely on in your everyday life?